

Lake Manassas Connection

Official Publication of the Lake Manassas Residential Owners Association

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Volume 10, Issue 3



Lake Manassas Connection

Official Publication of

The Lake Manassas Residential Owners Association
Volume 10, Issue 3

14900 Turtle Point Drive - Gainesville, VA 20155
www.lakemanassasroa.com

BOARD OF DIRECTORS

Don Minogue, President 571.330.3108
dminogue2@comcast.net

Bob Hale, Vice President 703.819.0257
rhale4@comcast.net

Peter Metrisko, Secretary 703.743.9986
cossack@comcast.net

Gary Frisard, Treasurer 571.969.3918
gfrisard@gmail.com

Ed Orsini, Director 703.624.6417
feo@comcast.net

COMMITTEES

Ad Hoc Joe Greenlee, Chair
jgreenlee21@comcast.net

Budget and Finance John Coyle, Chair
Edms047@msn.com 703.753.2234

Communications Vacant, Chair
mwingo@cmc-management.com

Covenants Cara Campbell, Chair
wandccampbell@hotmail.com 703.743.9520

Community Safety/Visitor Access Rowland Bowers, Chair
rthbowers@comcast.net 703.732.2471

Environmental Allan Thomas, Chair
thomaslm38@yahoo.com 703.973.8550

Modifications & Construction Diane Boyle, Chair
dianemboyle@comcast.net 571.261.1589

New Development Rowland Bowers, Co-Chair
rthbowers@comcast.net 703.753.1765

Marc Schlather, Co-Chair
Marc@theschlathers.com 703.753.6887

Swim & Tennis Center Grete Bravo, Chair
gstrombravo@gmail.com 703.395.8508

Newsletter Contact: newsletter@lakemanassasroa.com

Cover Photograph Shashi Mehta

MANAGEMENT COMPANY

Community Management Corporation (CMC)
4840 Westfields Blvd., Suite 300 - Chantilly, VA 20151

Michelle Wingo, On-Site Community Manager
Mwingo@cmc-management.com 703.753.7745
Fax 703.753.1886

Adrienne Harper, Portfolio Manager
Aharper@cmc-management.com 703.230.8597

Customer Service Center 703.631.7200

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Advertising & Publishing Contact

IMAGERY attn: *Lake Manassas Connection*
43488 White Birch Way - Ashburn, VA 20147

Email: imageryads@aol.com

(please list *Lake Manassas Connection* in the subject line)

TEL: 703.723.3400 - FAX: 703.724.9002

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From the Board



LAKE MANASSAS ROA BOARD OF DIRECTORS

*Don Minogue, President
Bob Hale, Vice President
Peter Metrinko, Secretary
Gary Frisard, Treasurer
Ed Orsini, Director*

Summer and our new Fiscal Year are upon us! You should have received a mailing during the first week of June that contained an explanation letter and a copy of the final Board approved FY 2015 Budget.

Budget

While the Board worked to contain costs wherever possible, there was a need for a slight increase \$1.77 (1%) to the base assessment, which is now \$178.61. Note that the maintenance portion of your assessment did not change. Maintenance assessments vary depending on where you live in Lake Manassas. Please be sure to make the adjustment in your records and accounts so that the correct assessment is paid each month.

Financial Position

Our current financial position for Repair and Replacement Reserves is slightly under funded due to the massive snow removal costs we incurred this past winter as well as other expenditures that included: Stonewall Guard House paint and repairs (interior and exterior); Swim and Tennis Center paint and repairs (exterior), removal of rusted fixtures and lockers in the lifeguard office as well as in the men's and women's dressing rooms and replacement of defective sidewalks at the Swim and Tennis Center; Landscape replacement projects for beds that contained dead/diseased/dying plants [note that landscape costs in FY 2014 which included new projects, routine maintenance (mowing, mulch, annuals), tree removal and replacing dead plants in existing beds, totaled approximately \$119,000].

Pipe Stem Update

All resident and non-resident owners of homes on pipe stems have been contacted regarding the additional cost for maintenance that will be assessed to their accounts. As our attorney prepares individual easements for those homes, management will contact owners and make arrangements for them to be signed and notarized.

Project Updates

The Environmental Committee surveys the community on a regular basis and is working with landscape contractors to make recommendations to the Board on areas that are in need of replacement plantings for things such as dead shrubbery or

other suggested improvements. In addition, the master association (LMA) has contracted with KCS Landscaping to replace some of the shrubs on Turtle Point Drive.

Stonewall & Amsterdam Gates

The Stonewall Ad Hoc Committee will be making recommendations on improvements to the Stonewall Guard House and entrance gates for Board consideration. In addition, the Community Safety and Visitor Access Committee will continue to monitor and make suggestions for security improvements at the Stonewall and Amsterdam Gates.

As of press time, the Amsterdam Gate was entering into the final stages of construction with Comcast internet and security camera installation scheduled prior to the installation of the sliding gates. Note that in FY2014 costs to make repairs to the gates due to age as well as damage sustained by vehicles or vandalism approached \$7,000. Upon the installation of security cameras at all gates, it is the hope of the Board that these incidences will diminish greatly or that persons responsible will be caught and held accountable for repair costs.

Security Patrols

In addition to the random weekly Prince William County Police security patrols, we have contracted with our guard contractor, Securitas, to perform night time and weekend patrols for parking violations. Violations will be reported to the onsite Covenants Administrator and Covenants Committee who will follow up with parking violation notices and possible fines.

Concrete and Asphalt Repairs

Brothers Paving will be doing concrete and asphalt repairs throughout the community beginning in July. While the majority of the work is scheduled for the Western Peninsula (*Stonewall side behind shopping center*), there will be some work on the Eastern Peninsula (*access through main entrance on Baltusrol or unmanned gate near Amsterdam Court*) side as well. Residents will be notified through email blasts and will see signs posted once a date for these repairs has been confirmed. Please be patient as the road repairs (*particularly on the Western Peninsula*) are underway since this will undoubtedly create inconvenience due to lane closures.

(continued)

From the Board (continued)

FIOS

Verizon in conjunction with the LMROA, has been investigating the status of easements in the community in the hope of bringing the option of FIOS to residents who live on the Western Peninsula. As more details become available they will be communicated via blast email and posted on the Lake Manassas website www.lakemanassasroa.com

Lake Manassas Professional Village

A sketch plan (see below) has been submitted to Prince William County for the commercial pad site located on Lake Manassas Drive across from the Cancer Center. The plan can be reviewed at the Office of Planning, Prince William County Government, 5 County Complex Court, Suite 200, Prince William, VA 22192.

Open House

The Board is tentatively planning an open house for residents sometime in July. At the open house you will be able to meet with committee members and hear/see the activities that have taken place in the past year as well as projects that are planned for the future.

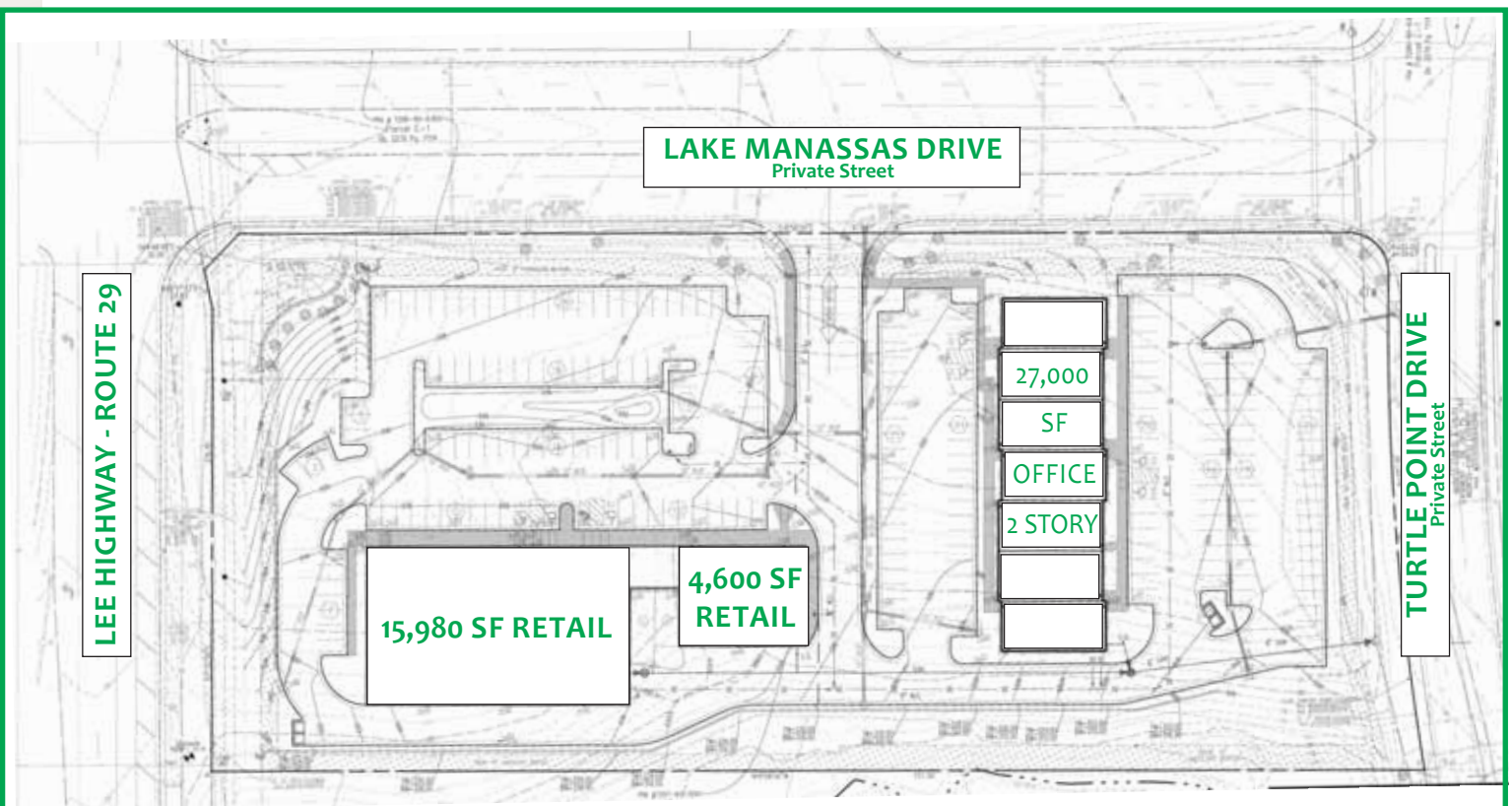
Have a safe and wonderful summer,

Don, Bob, Peter, Gary and Ed

VISITOR INFORMATION:

Q: How do I expedite guests and vendors through our two manned gates? Can I get a Visitor Pass?

A: For long term visitors (guests who will be staying at your home for an extended period of time), please contact the onsite manager at 703.753.7745 or by email at mwingo@cmc-management.com to request a vehicle guest registration form. Upon returning the form to the onsite manager, your guest will be provided with a temporary visitor pass which will allow them to enter at ease into the community throughout the duration of their visit. For daily visitors, residents may notify the gate house of all visitors and vendors coming to Lake Manassas prior to their arrival by calling the Baltusrol Gatehouse at 703.745.9465 or the Stonewall Gatehouse at 703.754.9951. Give the guard the name of you visitor and your name and address. There is no visitor access through the Amsterdam Gate.





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Management Report

Michelle Wingo
CMC On-Site Manager



ONSITE MANAGEMENT OFFICE

14900 Turtle Point
Drive Gainesville, VA
20155

ONSITE OFFICE HOURS:

Walk-in from 10 a.m.
until 12:30
After 12:30 by
appointment, please.

[mwingo@cmc-
management.com](mailto:mwingo@cmc-management.com)

703.753.7745 (office)

Adrienne Harper
Portfolio Manager

Adrienne Harper
703.230.8597 (office)
[aharper@cmc-
management.com](mailto:aharper@cmc-management.com)

POOL SEASON :

The pool opened for the season on Saturday, May 24th. Hours of operation are daily from 11 a.m. until 8 p.m. (9 p.m. on Friday and Saturday evenings until August 1st).

If you do not have an electronic pool entry key card/pass, you may register at the onsite office Monday through Friday between the hours of 10 a.m. and 12:30 p.m. Arrangement's can be made to pick up passes after hours by contacting the onsite office at 703.753.7745. If you previously received an electronic pool entry card/pass, you do not need to register for a new one. Cards are intended to be used every year.

ROAD REPAIRS:

Road and concrete repairs are scheduled on the Western Peninsula and portions of the Eastern Peninsula this summer. These repairs will require lane closures. In addition, there may be short periods of time when you will be asked to shut off your irrigation system so that the pavement will not get wet. While we realize this will be an inconvenience, every effort will be made to have the project completed in a timely manner. Signs will be posted in advance of any road work. Please watch for email alerts in the coming weeks with additional information.

COVENANTS INSPECTIONS:

As a reminder, ongoing regular inspections are performed to ensure that all properties in the community are in compliance with our LMROA Covenants. Comprehensive Inspections for 2014 are scheduled to begin in April when mailboxes will be inspected followed by a complete inspection of all properties.

The LMROA Community Handbook contains useful information covering Design Guidelines, Use Restrictions, Property Maintenance Standards and Enforcement Procedures. Please be sure to correct any violations that may exist on your property. Following are just a sample of a few important inspection items that need to be continuously maintained:

- **Mailboxes.** Approved box color for the old style mailbox is hunter green and the post color is Duron Latex Oyster White. If you need to replace your mailbox, contact Main Street Mailboxes at 703.753.5521. Please feel free to call the on-site management office with any questions at 703.753.7745.
- **Yards and Lawns.** Lawn maintenance items such as weed/crab grass control, dead trees and shrubs and edging and replenishing the mulch in your beds need to be continued through Fall.
- **Home exteriors.** Please look at your home and inspect for peeling and blistering paint and rotted wood, staining and green algae. Please power wash and repaint all affected surfaces.
- **Play equipment.** Outdoor play equipment must be approved by the Modifications and Construction Committee. Please obtain your approval before making any purchases.

Remember, maintaining your property on a regular basis not only ensures that the standards of the community are preserved, but eliminates the need for violation notices, hearings and possible fines.

OBEY TRAFFIC LAWS AND LOOK OUT FOR LAKE MANASSAS:

The LMROA Board has asked the Prince William County Police Department to make more frequent random visits within Lake Manassas and to take appropriate action to address speeding, running stop signs, use of unauthorized motorized vehicles and vandalism. To supplement regular police patrols, the Board is utilizing the County's Off Duty Police Patrol Program to patrol our streets,

(Continued)

which is a "pay for" service. Please obey the laws of the road. Passing a stopped school bus constitutes reckless driving in Virginia and is punishable by up to 12 months in jail and/or a fine of up to \$2,500. We also ask that all residents report any suspicious activity to either the police or the management office depending on the time and nature of said activity. Let's all be on the lookout and keep Lake Manassas safe.

LEASING A PROPERTY IN LAKE MANASSAS:

All leases must be minimally 12 months in duration. A copy of the lease must be submitted to the management office before the tenant moves in. Without a copy of the lease, your tenants will not be issued vehicle decals, transponders or pool passes. Please have your tenants stop by the onsite office to pick up a copy of the Lake Manassas Homeowners Handbook and Welcome Package. Remember, tenants are subject to the same residential requirements as all homeowners. LMROA will contact you as the homeowner for any reconciliation, as needed.

TRASH REMOVAL:

Our trash removal service is provided by American Disposal. Trash is collected weekly on Mondays and Thursdays, with recycling on Mondays and yard debris removal on Thursdays. A special pick up service is available for a fee (white goods, construction debris, etc.), but must be scheduled in advance. Please call American Disposal 703.368.0500 for details and scheduling.

Reminder: Please be sure not to set your trash out any sooner than the evening before collection and the trash cans and containers must be stored out of sight prior to sunrise the day after collection. This includes trash left by a landscaping company. When trash is put out a day or two before pick-up, the overall effect of this is that it presents an unsightly appearance in our lovely neighborhood. On windy days, trash is easily blown down the street making the street and the community a mess. Be a good neighbor and tie it down and please be sure to cover all trash.

COURTEOUS NEIGHBORS:

Please do not walk on private property which includes residents' lawns and the golf course. Please keep children and animals off the golf course as this is a safety concern. Golfers retrieving golf balls are allowed to walk in the resident's yards that back up on the golf course.

- **On-Street Parking:** Although on street parking is not permitted in Lake Manassas, we do understand there are occasions when temporary parking on the street may be necessary, for example, children's birthday parties and holiday dinners. Please make every effort to have your guests park in your empty driveway spaces first. Please contact the Management office to ensure the onsite manager is aware prior to your event. If you or your guest park a vehicle in the street without notice having been given to the onsite manager, you will receive a violation letter.

Violations may result in fines of \$50 for each occurrence. For more specific information regarding on street parking, please see the Parking section of the Use Restrictions of our Lake Manassas Handbook for Residents. Additionally, if you see a car parked on the street after hours, please call Michelle Wingo at 703.753.7745 and leave a voice message at the on site cmc-management office. Or, send an email to mwingo@cmc-management.com. In your message, please include the time of day, location and identifying vehicle information. If possible please send a photo of the vehicle in question.



- **Pets:** During the early morning and late evening hours, please try to reduce the length of time of your dog barks. Always have your dogs leashed and do not let your cats roam the community ... and always be sure to clean up after your pet wherever you are in the

community, including grassy areas. Please be considerate of your neighbors.

- **Noise Ordinance Times:** The Prince William County noise ordinance is Monday through Friday from 10 p.m. until 7 a.m. and on Saturday, Sunday and Holidays from 10 p.m. until 9 a.m. If you were to contact the police regarding what you consider to be an inappropriate time for unusually loud noises, they will come out and investigate. But first, speak to your neighbors to explain that the noise is disturbing to you and ask if they would consider doing the work at another time of day.

Thank you in advance for the consideration of your neighbors

Open parking in the townhome area is intended to be used for visitor parking. Please utilize your garage and driveway for parking whenever possible.
Thank you.



Joe Greenlee, Chair
jgreenlee21@comcast.net

COMMITTEE ROSTER

- Suzanne Brooks
- Dick LaFrance
- Don Mayer
- Jack Samarias
- Allan Thomas
- Barry Woodard

Stonewall Ad Hoc Committee Report

As a reminder, the Lake Manassas Residential Owners Association Board established the Ad Hoc Committee to address the concerns of many residents of the Western Peninsula regarding the Stonewall Gate Entrance. The objective of the Committee was to enhance the appearance of the Gate Entrance and improve access to be more consistent with the Community's other entrances.

The Committee's goal to have their initial options to the LMROA by late spring is on track. A preliminary architectural design has been completed and will be presented to the LMROA Board and later to the Community for comments. Dates for these presentations are being coordinated. Residents should be looking for email announcements from the LMROA announcing the date for this Community presentation if they have an interest to attend the Community Meeting.

Joe

Joe Greenlee
Chair, Ad Hoc Committee

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COMMITTEE ROSTER

- Jack Boyle
- Romesh Deora
- Mike Hegeman
- Charles Summers

Budget & Finance Report

The Committee continues to review the monthly financial statements provided by CMC, and we have also been able to make our recommendations on several contracts presented before the Board over the last quarter. Our committee was able to assist the Board with the FY 2015 budget process and agreed with the Board on an emergency fund for future snow removal costs.

The next Budget & Finance Committee meeting will be on Thursday July 30, 2014 at 7:00 p.m. at the on-site management office. Residents are welcome to attend and voice any concerns or suggestions. Or you may contact me directly at edms047@msn.com.

Thank You,
John

Communications Report

The Communications Committee

Is in need of volunteers!

COMMITTEE ROSTER

- Kathy Cumber
- Todd Harman
- Jane Houston
- Shashi Mehta

Committee members work to produce the Lake Manassas Connection quarterly news magazine. The level of time commitment for members on this committee is roughly an hour or less each month. If you are interested in being a contributing member of this committee and are a homeowner in good standing with the Association, please contact Michelle Wingo at mwingo@cmc-management.com or call the onsite office at 703.753.7745.

When you log on to our web site at www.lakemanassasroa.com, click on Our Community > Committees & Groups. You will find information about our existing clubs and activities. Also consider starting another activity in Lake Manassas like a book club, dinner club or travel club. If you would like to add another Lake Manassas group or activity on our web site, please contact Michelle Wingo at mwingo@cmcmanagement.com. You can also publish information about your group or activity to gain more members in future issues of this newsletter, please send your information to newsletter@lakemanassasroa.com.



Lake Manassas Community Website

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COMMITTEE ROSTER

- Rowland Bowers
- Kathy Cumber
- Phil Gross
- Mini Mehta

Covenants Report

Snow is now a distant memory and the dog days of summer lay in front of us. It only take a few minutes each month to keep on top your yard and house maintenance.

JUNE -

This is a great month to take on painting projects. Take a quick look around your home for cracked and blistering paint and any rotten wood. Some projects may only need a spot touch up but others may be more extensive and require the repainting of the entire home. As the heat starts to burn the lawns make sure to check the settings on your irrigation system. It's best to water at dawn or dusk to reduce evaporation and steaming your plants.

JULY -

This a good opportunity to take on power washing siding and any pressure treated decking. This will improve appearances drastically. Don't forget to reseal wood to prevent cracking and splitting as this will extend the life of the wood. To reduce the brown grass raise mower blades about an inch so as not to burn the grass when mowing.

AUGUST -

This is normally when drought hits the area as rain is minimal. It is also when water pressure can drop in faucets. Take a few minutes to remove faucet screens and rinse out any mineral deposits. This is the time of year you will see the benefits of having planted drought tolerant plants in sunny spots and shade lovers under other vegetation such as shady trees. Take a few minutes to stroll the perimeter of you home in the cooler hours of the day and remove weeds that seem to appear regardless of heat or drought.



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Rowland Bowers, Chair
rthbowers@comcast.net

COMMITTEE ROSTER

- Bob Glista
- Richard LaFrance
- Gary Seyster

Community Safety & Visitor Access Report

AMSTERDAM GATE: By the time of newsletter publication, construction work on the unmanned gate entrance to the eastern peninsula (Amsterdam Gate) should be completed including the installation of surveillance cameras. Please note that entry through the new barrier arm and Iron Gate system is limited to residents with gate transponders, police, fire and rescue. There is no key pad entry. Residents who wish to use this gate and who don't already have a transponder will have to acquire one from the Management Office. In the past some residents have caused damage to the gate through misuse or vandalism. Please note that upon completion of construction all such unauthorized activity will be recorded by the new video surveillance system. Anyone knowingly damaging the gate will be referred to the PWC police and be subject to HOA fines and damage costs.

TRESPASSING: Management receives complaints that residents and guests of residents trespass on private residential property and golf course property to gain access to Lake Manassas and private ponds within golf course property as well as certain commercial properties. Most offenders are teenagers living within the community. Golf course properties have been posted for "No Fishing" and "No Trespassing". Please note that trespassing is a Class I misdemeanor under section 16-40 of the County Code. At the request of the HOA and under our agreement with Stonewall Golf Course, county police are authorized to enter Stonewall Golf Club land at our request to apprehend those in violation of the trespassing code. The HOA has also requested that our "off duty" county patrol officers and our Security company patrols make note of **prohibited** on street parking at points of entry to Lake Manassas and golf course ponds. Residents with vehicles or guest vehicles parked in such situations are subject to on-street parking fines.

Finally, please keep your car doors locked, park only in your driveways, obey the speed limits in the community, come to a complete stop at all stop signs, and always be aware of children playing in and around our streets when driving through the community.

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kmulroney@rainbowstationhaymarket.org



Environmental Report



Allan Thomas, Chair
Thomaslm38@yahoo.com

COMMITTEE ROSTER

Bryan Bodner
Harry Jenkins
Ralph Malami
Rose Mary Orsini
Kathy Rogers

Contacts for Specific EC Issues

Community Areas -

Landscaping (East Side)
Ralph Malami
Kathy Rogers

Community Areas -

Landscaping (West Side)
Rose Mary Orsini

Graveyard

Harry Jenkins

Streets and Sidewalks

Harry Jenkins
Allan Thomas

Swimming Pool/Tennis Court Area

Kathy Rogers

Community Trails

Harry Jenkins
Ralph Malami



TURTLE POINT



The next Environmental Committee meeting is currently scheduled for July 12, 2014 at 10:00 AM at the on-site management office at the pool.

During the last month the Committee oversaw installation of three major landscape update projects including the right and left sides of the entrance to the Swim and Tennis Center, Alpine Bay Circle 1 and Alpine Bay Circle 2. Updating of the landscape at the Amsterdam Gate should be completed by early June. Extensive mulching of the Swim and Tennis Center natural areas is also on the schedule.

The Committee has also conducted tours of all common areas throughout the Lake Manassas community, and is preparing contract proposals for several additional areas for landscape updates and trail repairs. We are particularly focusing on areas where plants have died and left obvious "holes" in a particular area design. Keeping up with these needs is nearly a full time job, so if you see an area which has dead or missing plants or plants that are in serious need of attention, please contact any member of the Committee so that we can take appropriate action.

June, July and August are challenging months for our landscape investments. To keep Lake Manassas looking like the premier PGA community that we are, replacement of worn out plants as well as adequate water, fresh mulch, and regular weeding are most critical. This applies to private properties as well as our common areas.

If your landscape is in need of updating, remember to select deer and rabbit resistant plants (as much as possible), as we share our community with an abundance of these beautiful creatures. To insure landscape beauty in all four seasons, consider evergreen AND deciduous plants in various shades and leaf sizes as well as blooming times. Also, consider the plantings in your neighbors' yards and create a flow from one yard to the next so that the feel of community is apparent as you walk down the street.

Feel free to contact our Committee members if you want recommendations on plant selections or placement, or if there is any issue which you believe needs our attention.

Allan



**ALPINE BAY
LOOP ISLANDS
1 AND 2**



Poison Ivy



Poison Oak



Poison Sumac

Enjoy the Beauty of Nature in an Educated Way

As we enter the summer season and begin to enjoy the beauty of nature along our trails and in our parks and woods, and even in some of our back yards, it is time to remind ourselves and teach our children of some very unfriendly plants, particularly: Poison Ivy, Poison Oak, and Poison Sumac. If you or your children are allergic to Urushiol Oil which each of these plants contain, exposure to one of these plants can ruin a beautiful day and perhaps many days.

A little education before venturing out into nature will help you identify and avoid these plants. Go to www.poisonivy.aesir.com or www.poison-ivy.com for detailed pictures of each plant and information to help identify them in each season.


If you should come into contact with one of them, there is quick reference at www.onhealth.com/poison_ivy/article.htm or www.webmd.com/.../understanding-poison-ivy-oak-sumac.


If you have these plants on your property, there are proper methods to eliminate them at www.poisonivy.aesir.com/view/control.html. Should you be brave enough to pull out such plants, **DO NOT BURN** them, as the fumes can be deadly, and at the very least they will do great harm to any lungs which inhale the smoke.

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TURTLE POINT





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dianemboyle@comcast.net

COMMITTEE ROSTER

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- Barbara Bassett
- Sara Howard
- Harriet Miner
- Paul Jeannin- Consultant

Modifications & Construction Report (MCC)

If you are considering any alteration or improvement to the exterior of your home, you must first gain approval from the MCC. Modification applications must be filed at least four business days prior to a scheduled meeting in order to ensure the committee has time to examine them and schedule any needed property inspections. Currently the meetings are the second Monday of the month. That means that completed applications must be at the management office the Wednesday before the meeting. The application is available at the community website as well as at the onsite office. Michelle can assist you with any questions you may have with the process.

The design guidelines revision has been completed and are available on the community website. Also, if you would like a print copy, you may request one from Michelle.

Meetings are ongoing with the Turtle Point Townhome builder, Basheer & Edgemoore. We have had numerous revisions with the landscaping plans and we feel that we finally have a plan that will be an awesome addition to our community. The models should be open by the time you are reading this.

Currently there are five members on the committee but we are always looking for additional members. Please contact Michelle Wingo if you are interested. Meetings are held the second Monday of the month at 5:00 pm at the onsite office located at the pool.

Diane

Volunteers Needed



Please Help

Lake Manassas Committees are seeking volunteers. If you are interested in serving on any committee, please contact Michelle Wingo at mwingo@cmc-management.com for a Non-Disclosure form.

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SWIM TEAM -

Estelle Baird - 703.753.5590
estellebaird@hotmail.com

TENNIS -

Grete Bravo- 703.395.8508
gstrombravo@gmail.com

FITNESS -

Marissa Owens - 703.753.5282
ma3kidz@yahoo.com

Swim & Tennis Center Report

As the Swim and Tennis Center facilities have aged, necessary repairs and updates have been made since last summer to include the following:

- The windows at the onsite office were recently replaced and the onsite office and pool house were power washed and painted.
- Improvements/updates were made and an overall cleanup was done inside the lifeguard's office.
- Pool Lockers were removed and a new tiled, bench seating area was installed in both the men's and women's bathhouses.
- Concrete repairs were made to the front walkway and the parking lot was repaired and seal coated.
- New landscaping was installed at the entrance to the Swim and Tennis Center (see changes that are highlighted in the article from the Environmental Committee).
- The tennis and basketball courts which were resurfaced last year are scheduled to be power washed and a few minor cracks will be repaired; Information on any court closures will be sent via blast email from the community manager.
- One of the major projects undertaken at the Swim and Tennis Center is the conversion of a former storage closet to a new restroom facility for use when the pool restrooms are closed or not available. The facility is located on the far left side (corner) of the Swim and Tennis Center, adjacent to Tennis Court #1. While the restroom will be open and available for use during the day, after office hours and on weekends you will need a code to open the lock. If you use the Swim and Tennis Center on a regular basis, please contact Michelle at the onsite office for information on accessing the restroom facility after hours.
- As a result of the storage closet conversion to a restroom, a portion of the breezeway was closed off in order to create additional storage space for the facility.
- A new video surveillance system was installed at the Swim and Tennis Center. The parking lot, tot lot, office and pool facilities (including pool and decks) as well as tennis and basketball courts are now under 24 hour recorded surveillance. These images are also monitored by the guards on duty and any suspicious activity or presence at the facility will be immediately reported to police. New signs have been posted regarding the video surveillance at the Center.

The tennis and basketball courts are available daily until 11 p.m. After 11 p.m., there is an automatic timer that will shut off the lights.

The swimming pool opened on Memorial Day Weekend. Pool hours will be weekdays from 3 p.m. until 8 p.m. and weekends from 11 a.m. until 8 p.m. until Prince William County Schools close for the summer, at which time the daily hours will be 11 a.m. until 8 p.m. (9 p.m. on Friday and Saturday's through the end of July).

The Lake Manassas Swim Team will have practices in the afternoon from 5-7pm on weekdays (the pool is open to all residents during practice) and there will be three home swim meets on Saturdays. When there is a home swim meet the pool will open at 1pm to allow time for cleaning the bathrooms and the pool deck. Home swim meet dates are: June 21st (Ben Lomond), June 28th (Stonewall) and July 19th (Veterans).

We are happy to see so many residents coming out to play on the tennis and basketball courts and strongly encourage members to join the Swim & Tennis Committee if you have an interest in organizing community events related to tennis or basketball.

Have a great summer!

The Swim & Tennis Committee



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Real Estate In Lake Manassas

*DOMM means "Number of days on Market"

ADDRESS	SOLD PRICE	LIST PRICE	DOMM*	AGE
7958 Bonnie Briar Loop	\$575,000	\$595,000	91	20
8060 Amsterdam Court	\$605,000	\$614,000	105	14
15115 Windy Hollow Circle	\$625,000	\$625,000	5	17
8229 Roxborough Loop	\$645,000	\$649,900	27	12
8370 Pedigrue Court	\$650,000	\$650,000	1	9
8214 Snead Loop	\$699,900	\$699,900	13	8
15747 Spyglass Hill Loop	\$650,000	\$700,000	4	9
14907 Alpine Bay Loop	\$724,900	\$724,900	5	15
8093 Crooked Oaks Court	\$915,000	\$925,000	165	18
15851 Spyglass Hill Loop	\$910,000	\$950,000	84	11
7947 Valderrama Court	\$950,000	\$999,000	224	16

ADDRESS	LIST PRICE	STATUS	AGE
8043 Arcadian Shore	\$549,900	Active	18
15160 Windy Hollow Circle	\$610,000	Contingent	16
15009 Ransom Oaks Court	\$629,900	Contingent	10
8207 Snead Loop	\$680,000	Active	1
8198 Snead Loop	\$689,900	Active	9
8190 Snead Loop	\$724,900	Active	9
15638 Turtle Point Drive	\$735,000	Active	11
15929 Spyglass Hill Loop	\$775,000	Active	11
8428 Link Hills Loop	\$780,000	Active	0
8253 Roxborough Loop	\$789,900	Active	10
8248 Roxborough Loop	\$799,900	Active	12
8368 Sapphire Lakes Court	\$799,900	Active	10
8510 Link Hills Loop	\$825,000	Contingent	7
15693 Spyglass Hill Loop	\$875,000	Active	10
15811 Spyglass Hill Loop	\$929,900	Active	10
14924 Alpine Bay Loop	\$949,500	Active	14
15814 Spyglass Hill Loop	\$1,275,000	Active	11
8522 Link Hills Loop	\$1,300,000	Active	8

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Protect Your Home From Burglary!

Did you know that a home burglary occurs in the U.S. every 13 seconds and only one in four burglars are ever caught. Being in a gated community helps to deter them but is no guarantee. Here are some ideas for protecting yourself and your belongings:



**Most burglaries occur from
10 a.m. to 3 p.m**

Trim trees and shrubs near windows. Tall bushes and foliage can hide a burglar at work. Don't count on thorny plants to deter. Seasoned thieves often wear gloves and two layers of clothing so that they are protected and can do a quick change if spotted. They are also known to carry cutting tools.

Replace all exterior locks with deadbolts. Locks only provide security if you know who has every key. When you move into a new home, hire a reputable locksmith to install new deadbolts. Deadbolt locks can't be opened without a key. Bored-in deadlocks embedded into the door are even harder to break through. Spend a few dollars more for good locks and you could save thousands.

Eliminate exposed door hinges. Burglars can take out the pin on exposed hinges and walk right in. Re-hang the door with hinges inside.

Install peepholes and motion sensor lights. Always know who's at the door before you open it. Sensor lights also illuminate the path to your entrance when you come home in the evening. You may even want to consider a hidden camera system. There are so many to select from these days, to fit a variety of budgets, and you can view your property while away and even record any action taking place. Those recordings can be supplied to law enforcement if needed.

Remove hidden keys. One out of every three break-ins happen with no forced entry. If you're hiding a key under a mat, in a fake rock, or anywhere else, remove it. If you worry about losing keys, install a deadbolt with a keypad.

Put lamps on timers. Install timers throughout your house and set them for random times - don't have them all go on at 6:30 and off at 11. **Most burglaries occur from 10 a.m. to 3 p.m.**, so set some lights to turn on during the day if the house is empty then. But do consider that lights left on at night can help a burglar see once inside. Also supplement with motion lights which come on when someone enters your home.

Install window locks or pins. These discourage burglars who

don't want to make noise by breaking glass. Use the same brand of lock for all windows, so they're easy to set. If they use a key pin, keep it in a secure but accessible location in case of fire.

Don't make it obvious no one's home.

When you go out, turn telephone and answering

machine volumes down. Don't leave notes for family or friends on the door or mailbox. If you'll be gone a while, ask a trusted neighbor to pick up your mail, or

have the post office stop delivery until

you get back. You might trust the people who deliver your mail and newspapers - but you don't know who else is getting your information. Also ask them to rotate their pick up schedule so that there is activity at your home in case it is being "cased".

Don't leave ladders and tools lying around the yard. Impulse burglars can use them to gain access.

Destroy new TV and computer boxes. Don't let the world know you've just bought something of value.

Install an alarm system. Choose a local alarm or a monitored system. Local alarms make noise to scare off intruders. A monitored system makes noise too, but it also sends an emergency signal to a monitoring center that immediately alerts the police. There are installation costs and a monthly charge for the monitored system, although it may get you a discount on your homeowner's insurance.

Consider a dog. But don't think a big dog will deter the intruder. They may look scary but the small dogs are the ones who will make the most noise.

And definitely consider where you hide your valuables. The bedroom is the first place a burglar will generally look. Most robbers spend less than fifteen minutes in a home and most of that time is in the bedroom. The usual hiding places include the underwear drawer, under the mattress, up high on a closet shelf. Consider a safe-deposit box and for all else hiding in the freezer in a hollowed out ice cream container, or in the pantry in a soup can or even in a drop ceiling.

And finally make sure you have a video back up and proper documentation on all of your valuables so that you can be assured of proper compensation by your insurance company.

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What's Wrong with Me!!!!

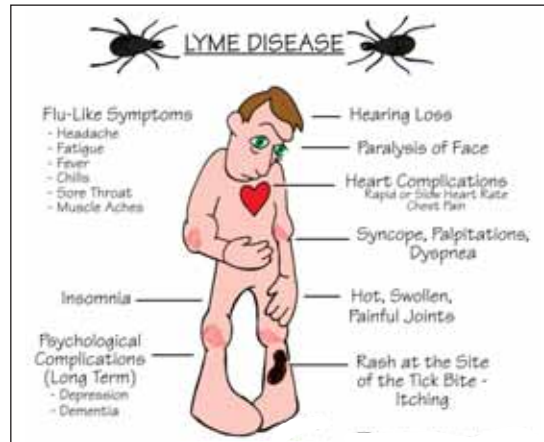
Are any of these symptoms familiar to you or a loved one?

- Do you currently have or can you remember having a small red bump or rash? Did the redness expand forming a rash in a bull's-eye pattern, with a red outer ring surrounding a clear area? If so was it in one place or several on your body?
- Do/Did you have flu-like symptoms? Fever, chills, fatigue, body aches and a headache that may or may not accompany the rash?
- Do you have unexplained joint pain, severe pain and swelling - especially in the knees? What about neurological problems? Have you experienced temporary paralysis of one side of your face (Bell's palsy), a numbness or weakness in your limbs, impaired muscle movement?
- Perhaps you have developed an irregular heartbeat, eye inflammation, liver inflammation (hepatitis) or severe fatigue?
- Do any of the above symptoms come and go?

These symptoms could be fairly minor, and have a pattern whereby they come and go. One day your body aches or you feel a tingling sensation and numbness down your leg and the next day it disappears. You wonder if you're imagining it or may wonder if you're a hyperchondriac. Maybe your years are catching up with you, or maybe it is Lyme Disease.

Whenever you have physical or neurological symptoms of concern, lasting a couple of days, or coming and going, it is essential that you consult your doctor. Lyme disease is very smart and sneaky, challenging to recognize, and often under diagnosed. Left untreated, Lyme disease can spread to other parts of your body from several months to years after infection — causing arthritis and nervous system problems.

Ticks can transmit other illnesses as well, such as babesiosis and Colorado tick fever. Only a minority of deer tick bites lead to Lyme disease. But the longer the tick remains attached to your skin, the greater your risk of getting the disease. Therefore, if



you think you've been bitten and experience signs and symptoms of Lyme disease — contact your doctor immediately. Treatment for Lyme disease is most effective if begun early.

If you're treated with appropriate antibiotics in the early stages of the disease, you're likely to recover completely. In later stages, response to treatment may be slower, but the majority of people with Lyme disease recover completely with appropriate treatment.

The most difficult part is the diagnosis.

Lyme disease is growing in record numbers, but no one has a clear picture of exactly how rampant it is. Many doctors are not schooled in the disease enough to diagnose it - and the Doctors who have a clear understanding are not readily available. Also because Lyme treatment can be complicated insurance companies have been known to fight the diagnosis/claims with vigilance.

For many the disease can build or even remain dormant for many years, and then take over rapidly. One resident tells how she experienced all of the symptoms above, off and on for years. But there was never a definitive diagnosis. She was treated with heavy doses of antibiotics for months, and they left her lethargic. And the problems persisted. She then turned to alternative treatments which included herbs — turmeric and ginger, which are thought by some to strengthen the immune system. She even changed her diet giving up gluten, grains, refined foods, and sugar (*Palio/Caveman diet*). The goal was to reduce inflammation caused by her body's production of insulin and to inhibit the growth of the bacterium that causes Lyme. All of this helped but not



enough. She even tried electromagnetic therapy.

Lyme disease is the most commonly reported tick-borne illness in the United States, and the incidence is growing rapidly. In 2009, the C.D.C. reported thirty-eight thousand cases, three times more than in 1991. Most researchers agree that the true number of infections is five to ten times higher. Although some of that increase is due to heightened awareness.

If you are experiencing any unusual issues, especially any described above, and there has been no definitive diagnosis - we might suggest you read up on Lyme. And if you don't get the answers you need from a medical doctor consider another healthcare provider. According to articles published by *Psychology Today*, many times mental health professionals are the first to recognize Lyme disease in their patients. Why?... because psychotherapists are trained to listen deeply, notice patterns of thoughts, emotions, physical symptoms and behaviors, and usually have an on-going relationship with their clients. Skilled mental health providers can put all the “data” together and recognize if patients' symptoms and patterns are physical or psychological.

We have an abundance of deer in this area. They are gaining confidence and comfort in communities across the country. Some even reside in our gardens (see photo). We need to be vigilant when we drive - to avoid hitting them when they unexpectedly run across the street and we need to check our pets as well as ourselves for ticks. The intent of this article is not to scare people but rather to educate, enlighten and increase awareness.

For additional information simple search Lyme Disease on the internet. You will find a vast amount of information - some even contradictory. The Mayo Clinic and CDC are great sources for in depth details.

Healthy Snacking



Between meal snacking may be necessary if you are dieting, a diabetic or on medication that increases your appetite. Although the easiest choices for a snack may be concentrated fruits and juices because they satisfy quickly; they have a tendency to contribute to lowered blood sugar later on. This can leave you feeling light headed and fatigued. Instead, choose a combination of complex carbohydrates and proteins to ensure staying power.



Following are 19 great (and easy!) snack suggestions provided by the American Cancer Society. Take your pick and then try them all! Snacking doesn't have to be boring.

- Low fat bran muffin with fruited low fat yogurt
- Fresh berries with soy milk
- Bananas and pistachios
- Goat cheese with endive and tomato
- Apple wedges and raw almonds
- Wheat tortilla with mashed pinto beans
- Buckwheat mini pancakes with plain low fat yogurt
- Rye wafers with sesame butter
- Dried mixed fruit with sunflower seeds
- Wheat tortilla and tofu cheese
- Fresh veggies with low-fat yogurt dip
- Rice cakes and peanut butter
- Graham squares and carob flavored soy milk
- Low fat granola w/walnuts and dried pineapple chunks
- Grapefruit sections and a hard boiled egg
- Low sodium V-8 juice along with a wheat bagel w/low fat cheese
- Apple rings and peanut butter
- Harvest grain & nut bread with a fresh fruit cup
- String cheese and seven grain bread

Another Quick Healthy Snack ...



Take a few bananas and slice length wise - fill with peanut butter and top the peanut butter with a strawberry (or a favorite fruit available). Cut into small bites. Place in a plastic zip lock bag and then in freezer.

Corn on the Cob - quick!



Shuck the corn and rinse. Lay out a few pieces of paper towel and roll the cob in it. Wet under the tap in your sink and place in microwave for two minutes. Amazingly, it will be cooked perfectly-crisp and so quickly,

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Need extra ice - Clean and fill an empty **PLASTIC** or Styrofoam egg carton halfway with water - and freeze. Don't use cardboard for the ice might stick.



Use a paper towel holder for a garbage bag dispenser.



Get your tulips to last longer - and keep from drooping by putting a pin hole in each stem, about an inch below the flower head/bloom. This hole will allow air to escape from the hollow stem - helping the water to flow freely to the bloom. This will keep your blooms stunning days longer.



Ants - keep them away without chemicals and costly solutions. Saturate cotton balls with lemon juice and place in areas the pests tend to appear. The citrus scent is too over-

whelming for the ants. Be sure to resoak weekly.



Fix a scratched DVD - rub with a banana peel- the fruits natural waxes will gently fill in the scratches. Or place a drop of clear unmedicated lip balm on the DVD and buff with a soft, lint-free cloth.

Mountain Apple Cobbler



Preheat oven to 350 degrees

- 1- Melt 1 cup butter
 - 2- Grease 1 9 x 12 baking dish
 - 3- Peel 2 large granny smith apple
 - 4- Cut into 8 wedges each
 - 5- Open (2) 8oz cans crescent rolls - unroll dough and roll each apple wedge inside and seal seams together
 - 6- Place seams down in baking dish
 - 7- Take melted butter and add 1/2 cup sugar and 1 teaspoon cinnamon and melt
 - 8- Pour on top
 - 9- Pour 1 can of citrus soda on top and bake 45 - 50 minutes until top is brown and bubbling
- Serve warm with vanilla ice cream

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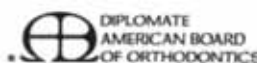
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The DC/VA Area Wine Trail

DC's Wine Country features more than 34 wineries and tasting rooms, situated down tree-lined country roads with exquisite mountain views. Our Loudoun County wineries invite you to come and enjoy award-winning wines in a memorable setting.

Enjoy live music, food pairings and local artistry all while exploring the six clusters of DC's Wine Country. Listed below are your fine choices:



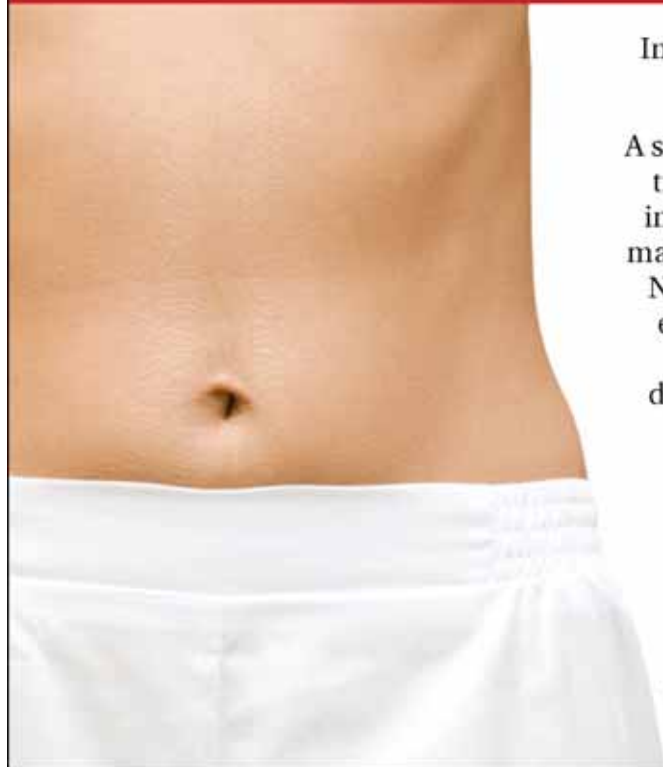
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A Waystation for Monarchs in Your Garden

By Jill Johnson, Master Gardener

If you've ever seen a Monarch butterfly, you know why conservation groups like Loudoun Wildlife Conservancy are working with communities across the United States to encourage the planting of "Monarch Waystations" to help save the ever-dwindling Monarch population from extinction. Planting a Monarch Waystation provides the required host and nectar resources necessary for Monarchs to produce new generations during their breeding cycles which take place here in North America and in Canada, and then sustain their arduous fall annual migration to central Mexico where they overwinter before returning north to repeat the cycle.

Milkweed is the essential component of the Monarch lifecycle and of the Monarch Waystation. The butterflies will only lay their eggs on milkweed, and the emerging caterpillars will only eat milkweed. We are fortunate in this area to have three native milkweed species: swamp milkweed, butterfly weed, and common milkweed.

Last summer the Loudoun County Master Gardeners' Demonstration Garden at Ida Lee Park in Leesburg achieved certification as both a Monarch Waystation and a Certified Audubon Wildlife Sanctuary. In addition to its extensive vegetable and ornamental plants, the all-organic Demonstration Garden includes a wide variety of plants that provide food and shelter to number of birds, mammals and beneficial insects. Visitors are welcome at any time and will find many garden ideas.

If you would like to start a Monarch Waystation, its best to have at least 10 milkweed plants, ideally made up of two or more species, and then at least four annual, biennial or perennial nectar plants. If you don't have space for the larger milkweeds, it is okay use 10 of only one specie. Below are some ideas for plant combinations.

Butterfly-weed, *Asclepius tuberosa*, is probably best for a small garden. It grows no more than two ft. tall, has fine leaves and clusters of red-orange flowers in June and July. It prefers slightly dry, well-drained soil and grows readily from seed. Add other natives like Bee balm, *Monarda spp.*, Black-eyed Susan, *Rudbeckia hirta*, New England Aster, *Lymphyotrichum lateriflorum* and Orange coneflower, *Echinacea fulgida*, for a lovely and colorful habitat.

Swamp milkweed, *Asclepius incarnata*, grows 2-3 ft. with pale pink flowers in late summer and fall. It prefers moist soil but will grow in ordinary garden soil. You might add Cleome, *Cleome spp.*, Zinnia, *Zinnia spp.* and Lantana, *Lantana spp.* with this.

Common milkweed, *Asclepius syriaca*, grows 3 – 6 ft. tall with large coarse leaves and showy purple and very fragrant flowers in June through August. Common milkweed can spread rapidly by rhizomes



and often forms extensive colonies in the wild. Common milkweed may not be suited for a small garden, but would be perfect in a sunny common area of a community, planted with other large native plants like Joe Pye Weed, *Eupatorium fistulosus*, and Goldenrod, *Solidago spp.*

There are many other suitable plants for a Monarch Waystation: Click on <http://monarchwatch.org/waystations/> for more information and plant suggestions.

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Closet Organizing 10 Great Tips

1. You can't begin to organize until you do a deep purge. If it's ripped, stained, no longer fits, or hasn't been worn in a year, get rid of it! **Tip:** Flip all your hangers backwards. As you wear each piece, place the hanger the right way. After a year, all of the hangers that have yet to be flipped need to go.

2. Once you've whittled down your wardrobe, group every item by section. Pants, long sleeve tops, sweaters, sleeveless tops etc... and hang accordingly. Keep your most worn items in the front. Tuck the evening wear and less-often used pieces off to the side.

3. Utilize the same hanger throughout for a consistent look. They pull every piece together and makes your closet feel organized even if it isn't. Though I love the look of wooden hangers, they tend to be bulky and take up a lot of space. Also toss those wire hangers your dry cleaner supplies you with – your clothes will thank you for it.

4. Color co-ordinate. Not only does it look more visually appealing and less chaotic, you're more likely to hang that piece up where it belongs if you know exactly where



it's supposed to go.

5. Display your shoes! They're art and they deserve to be seen. Whether they're on floating shelves or individual cubbies, there's no shortage of options. Bonus: this frees up space within your closet so you can stock up on other goods.

6. Use the space above. I cannot tell you how many closets I've encountered that don't take advantage of that vertical space. Nine times out of ten there's more than enough room to add an additional shelf or two! Reserve this space for your lesser used items

(seasonal clothing, fancy clutches...) and tuck a small step stool away in a corner for easy access.

7. Matching bins & baskets. Much like the hanger situation, they help corral all of those little bits and baubles (belts, clutches, scarves and such) that may otherwise not have a home into one consistent, visual appealing manner. Label them clearly and only use them to store items that aren't on regular rotation.

8. If bins & baskets aren't really your thing, consider picking up shelf dividers to corral those clutches and purses. This will keep all from toppling on top of you when reaching for a specific item.

9. Tangled, messy jewelry is a massive headache. Keep everything organized using inexpensive wooden cutlery trays or containers designed exclusively for this purpose. Place them in drawers or stack on an empty shelf.

10. Use doors! Affix cute knobs and hardware onto the back to hang bags, belts and other items that are currently on heavy rotation.

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The Civil War Experience

When you live near a landmark or historic site - so often you never experience it. It's so close - we think we can go anytime. But often we just don't. It's not until that family member comes into town or you move away - that you take the time.

Prince William County and Manassas served as the site of many pivotal conflicts within the Civil War. So many of these sites are minutes from Lake Manassas. They offer the opportunity to explore the impact of the conflict on all Americans from civilians to soldiers, from slavery to emancipation, and from secession to surrender.

Consider taking a few hours out this summer to explore this area so rich in American history - thoroughly.



Ben Lomond Historic Site and Old Rose Garden

10321 Sudley Manor Drive
Manassas, VA
Phone: 703-367-7872

Ben Lomond is an antebellum farm that served as a hospital during the Civil War. The house was referenced in many

Civil War-Era documents as the Kringle House because of the men who lived here in 1861. Many of the soldiers that were brought to the hospital penned their names and brief messages on the walls of the home. The grounds are home to a 5,200 square-foot garden of old roses (one of the largest public gardens devoted to antique roses in the U.S.) Inspired by a French garden, the collection has approximately 160 separate cultivars and 200 individual rose shrubs.



Beverley Mill/Chapman's Mill

17504 Beverley Mill Road
Broad Run, VA
Phone: 540-253-5888

Beverley Mill, also known as Chapman's Mill, is a grist mill first constructed in 1742 and was the focal point of the pivotal 1862 Battle of Thorough Fare Gap.



Brentsville Courthouse Historic Centre

12229 Bristow Rd.
Bristow, VA
Phone: 703-365-7895

A former Prince William County seat, the historic area served as a hub for activity more than 175 years ago. Brentsville was occupied by soldiers

during the Battle of Bristoe Station and interperates Civil War and African American history of Prince William County. This reputedly haunted historic centre consists of four buildings: a courthouse, jail, church and a one-room school house. The grounds are open daily and include a self-guided interpretative trail and picnic area. Tours are offered Thursday-Monday, May through October from 11 a.m. to 4 p.m. or by appointment.

Bristoe Station Battlefield Heritage Park

10708 Bristow Road
Bristow, VA
Phone: 703-366-3049

Two important Civil War battles were fought on this "hallowed ground." The Battle

of Kettle Run was fought on August 27, 1862 and the Battle of Bristoe Station on October 14, 1863. The 133-acre site has been preserved by Prince William County. Trails are open daily with interpretive events scheduled regularly or by appointment.



Haymarket Museum

15025 Washington St
Haymarket, VA
Phone: 703-753-3712

The Haymarket Museum is located in historic downtown Haymarket, Virginia, a small town in western Prince William County that was

founded in 1799. The Haymarket Museum is located in the old Town Hall, originally built in 1883 as the town's schoolhouse. The self-guided tour interprets this pre-Civil War town that Federal troops burned in 1862. Haymarket Museum



Leesylvania State Park

2001 Daniel K. Ludwig Dr.
Woodbridge, VA
Phone: 703-730-8205

The land that now comprises Leesylvania State Park was once home to the ancestral family of Civil War general Robert E. Lee. Park Visitor and Environmental Education Centers have exhibitions about the area's Civil War history and hikers can discover the remains of a Confederate gun battery facing the Potomac.



Manassas Museum

9101 Prince William St
Manassas, VA
Phone: 703-257-8453

The anchor of the City of Manassas historic sites, the museum leads visitors through the rich heritage of the area through exhibits, programs, historic artifacts and rare photographs. Visit the Echoes Museum Store, one of the best museum gift shops around





Manassas National Battlefield Park

6511 Sudley Road
Manassas, VA
Phone: 703-754-1861

This 5,000-acre park--site of the First and Second Battles of Manassas (or Battles of Bull Run)--

is complemented by an artifact-filled visitors center as well as a new theater, featuring the film "Manassas: End of Innocence." The superb, 45-minute video, narrated by Academy Award winning actor Richard Dreyfuss, follows the stories of five individuals whose lives were forever touched by the battles, and serves as an excellent guide to exploring the battlefield and nearby historic sites. Visitors can enjoy equestrian, walking and driving tours, annual battle commemorative events as well as living history demonstrations at various times throughout the summer.



Mayfield Fort

8401 Quarry Road
Manassas, VA
Phone: 703-368-1873

This 11-acre historic park contains one of only two surviving Civil War fortifications in the City of Manassas. The earthwork was built by Confederate troops in the

Spring of 1861 as part of the Manassas Junction defenses, on the Hooe family farm, Mayfield. The historic site contains the Mayfield house foundation and the Hooe family cemetery, as well as walking trails, interpretive markers and a reproduction cannon. Open daily for self-guided tours.



Mill House Museum

413 Mill St
Occoquan, VA
Phone: 703-491-7525

The Mill House Museum in Occoquan, VA, which was once used as a miller's office, is all that remains of the nation's first

automated grist mill. The mill town's colonial and Civil War history is presented through exhibits, presentations, artifacts and memorabilia at the Mill House Museum.



National Museum of the Marine Corps

18900 Jefferson Davis Hwy
Triangle, VA
Phone: 703-784-6134

This state-of-the-art facility honors, preserves and narrates America's story through the eyes of U.S. Marines. Its magnificent

architectural design features a dramatic 210-foot tilted steel mast

and glass atrium inspired by the flag raisings at Iwo Jima. Inside, a massive "Leatherneck Gallery" and surrounding era galleries take visitors through the history of the Marine Corps, divided into "theaters" or chapters depicting the preservation of America's freedom, including the role of Marines in the American Civil War.

Prince William Forest Park

18100 Park Headquarters Rd
Triangle, VA
Phone: 703-221-4706

15,000 acres make up the largest piedmont forest in the National Park Service--and the largest green space in the Washington, D.C. metropolitan region. The park interprets antebellum and Civil War farm homesteads and graveyards. A Civil War exhibit is located in the Visitor Center.



Weems-Botts Museum

3944 Cameron St
Dumfries, VA 22026
Phone: 703-221-2218

Discover the Civil War history of the town of Dumfries, Virginia's oldest chartered town and once a major Eastern Port. Dumfries was part of the Confederate Blockade of the Potomac during the war and the museum property was used as a hospital triage area, encampment site and burial site. The museum also hosts reenactments and Civil War events throughout the year.



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Area Activities & Events

July 17, August 21 and September 18, 2014

The Depot - Downtown Culpeper -

111 South Commerce Street

Time: 5:00pm - 9:00pm



culpeper renaissance presents the 2014 3RD THURSDAY summer concert series

TICKETS:
Advanced - \$5
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Thursday is the "new Friday" with the Culpeper Renaissance, Inc. 3rd Thursday Summer Concert Series, directly in front of the Depot. Culpeper Renaissance, Inc. is a development organization dedicated to enhancing, celebrating and enriching Culpeper's historic downtown.

July 17, 2014 features The Worx, an award-winning mid-Atlantic, Southeastern group. The Worx perform modern and classic rock 'n' roll covers as well as original material with such energetic enthusiasm that everyone will be on their feet for this highly-anticipated show.

The 3rd Thursday Summer Concert Series finale will be held August 21, 2014, with The Fabulous Hubcaps, one of the nation's most sought after oldies and rock show bands. Their career has been as diverse and colorful as the bowling shirts they wear. In 2005, The Hubcaps were proudly inducted into The Southern Legends Entertainment and Performing Arts Hall of Fame. This high-energy band continues to captivate audiences with their tributes to original artists like Little Richard, James Brown, Tina Turner, Bobby Darin, Sonny and Cher, The Flamingos, Ray Charles, The Beach Boys, Willie Nelson and Patsy Cline, Elton John and Frank Sinatra. With an extensive repertoire of doo-wop group harmony, classic rock 'n' roll, rock-a-billy, Motown, and R&B music, The Fabulous Hubcaps are heralded as one of the best oldies show bands in the country. This is one concert Culpeper music lovers should not miss!

The 3rd Thursday Summer Concert Series is in full swing September 18, starting with the foot-tapping beats of Groove Train. Guests won't be able to resist dancing to a popular blend of well-known disco songs. Groove Train also offers plenty of entertainment with groovy costumes, big hairstyles and outrageous showmanship. Concertgoers are sure to enjoy this fantastic voyage back in time.

Grab your dancing shoes, a lawn chair, and family and friends, and join CRI from 5:00 PM until 9:00 PM, directly in front of Depot on Commerce Street in downtown Culpeper for great music and good times. With 2014's 3rd Thursday Summer Concert Series line up.

Lake Manassas join in the fun and find out why Culpeper was selected as a 2012 Great American Main Street winner.

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Hand & Foot Card Game -

Contact: Suzanne at 703-727-5775 or swbrooks@comast.net

Time and Date: TBD - call Suzanne

Hand and Foot meets regularly once a month, but, not necessarily the same day of the week of every month. We meet in the evening at 7PM and rotate homes if desired, but hosting is not a requirement to participate. Refreshments are very low key. Hostesses provide water. So far, all members live in Lake Manassas. Any number of people can play. The more the merrier and the goal is FUN!!!

Description: Hand and Foot is similar to the Canasta card game. It is a card game of the rummy family of games believed to be a variant of a card game called 500 Rum. It can be played by 2, 3, 5 or 6 players, or played by four in two partnerships. Players attempt to make melds of 7 cards of the same rank. When they play all the cards in their hand, they continue on to play all the cards in their foot and then be the first to "go out," which ends the game. The highest score after four plays wins the game.

Mah Jongg

Contact: Suzanne at 703-727-5775 or

swbrooks@comast.net. **Time and Date:** Mah Jongg

meets weekly every Thursday morning from 10:30AM

- 12:30PM, refreshments are minimal and stressfree-water is a mainstay and grapes have been an easy offering for most of us, we



have approximately 12 members so far and we rotate homes. Not all of us live in Lake Manassas but all of us live within a 4 mile radius. We are open for new players and to teach people who are interested in the game; the goal is FUN!!!

Description: Mah Jongg, which originated in China, is played by four players using a set of 136 tiles based on Chinese characters and symbols. Each player begins by receiving thirteen tiles. In turn players draw and discard tiles until they complete a legal hand. It is a game of skill, strategy and calculation and involves a certain degree of chance. We play according to the National Mah Jongg League rules.



Photo Fun

Contact: Helen Watt at 703.743.5499 or

hwattmemories@gmail.com. **Time and Date:** 10am-2pm &/or 7pm-11pm on the 2nd Friday of each month

Location: Helen's home. Feel free to bring a snack or drink to share.

Description: Ready to have fun with your photos? Join us once a month to honor and celebrate those we love with all the great photos we're taking. Bring your piles of printed pictures to get organized, photo album project to work on or your laptop for all those jpg files. There's lots of great table space to spread out. I'm a busy mom of 3 and know, for me, working with pictures is not overwhelming when I focus on simple solutions and lots of great friend time together sharing our stories. Hope you can join us or stop by to check it out. *Please RSVP!*



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By Lauren Loomis

Gainesville Ballet performed *Le Corsaire*, Act III and a Spring Recital at the elegant opera house of the 1,123-seat Merchant Hall at the Hylton Performing Arts Center on Saturday, June 7, 2014. The production featured international faculty and students of the award-winning arts organization. Two residents of Lake Manassas were among those to perform on-stage at the Hylton.

In addition to annual *Nutcracker* performances, the school brought an inaugural spring production to the performing arts community with *Coppélia* in 2012; *Swan Lake*, Act II in 2013; and *Le Corsaire*, Act III in 2014. Gainesville Ballet presented *Le Corsaire*, Act III for the first time, as the Company and School builds a repertory of four classical ballets: *Nutcracker*, *Coppélia*, *Swan Lake* and *Le Corsaire*. Even though *Le Corsaire* is new to the formal body of artistic works at Gainesville Ballet, the faculty and students already bring a wide range of role experiences to the stage. Two youth dancers performed in *Le Corsaire* with American Ballet Theatre (ABT) at the Kennedy Center in April 2013 – Abigail Mumma and Sara Massei. This is the second time for each ballerina to perform on-stage at the Kennedy Center. Abigail Mumma, who has been studying and performing with the Gainesville-based school since 2006, performed in Washington, D.C. with the world-renowned Kirov Ballet of Saint Petersburg, Russia. In 2010, she danced in *Sleeping Beauty* at the Kennedy Center as part of the touring Kirov, known today as the Mariinsky Ballet. Abigail and her family have lived in the community of Lake Manassas for more than 17 years. She is age 17 and an eleventh grader from Patriot High School. Abby trains in the studio classroom about nine to ten hours per week, with additional rehearsal time in preparation for shows. She has been selected for the RUBY International Summer Intensive at Radford University in the College of Visual and Performing Arts. She was accepted for the program by video audition.

Jessica Shalvey, age 17, an eleventh grader from Patriot High School performed most recently in *Le Corsaire*, Act III and an original contemporary work at the Hylton. She also performed this season in a traditional *Nutcracker* story at the Hylton in a street scene, *Snowflakes*, *Arabian* and *Flowers*. Jessie takes an active leadership role in bringing the performing arts to children of the community. She has participated in *Nutcracker Teas* as an outreach event with young boys and girls, and has served as an assistant teacher for young children for multiple seasons. Often, she can be seen hand-in-hand with a warm smile as she escorts children as young as three years of age in that first exciting moment on the stage. She is also involved with the fine arts, and currently serves as the Co-President of the National Art Honor Society at Patriot High School. Jessie hopes to stay involved with dance at the extracurricular level as she fosters a lifelong love and passion for the arts.

The music for the production was the original composition by Léo Delibes and Ludwig Minkus for the featured scene from Act III of *Le Corsaire*, known as *Le Jardin Animé*. The plot is based upon an epic tale entitled *The Corsair* (1814) by Lord Byron, a semi-autobiographical story that later gave rise to an opera, an overture, and a ballet. Four decades later, the première for the ballet was first enjoyed at the Paris Opera in Paris, France on January 23, 1856. The title of *Le Corsaire* is derived from the French word for pirate, and gracefully recounts the romantic and tumultuous journey of a pirate (Conrad), a pasha (Seyd), a palace, and an entrancing young girl (Medora) who longs for love and freedom from the bounds of servitude for all. More than a century later in 1989, the ballet was first performed in the United States by the Kirov Ballet at the Metropolitan Opera House in New York, and opened the stage door to productions by many other companies. Two hundred years from the first publication of the Byron verse in 1814, the dances inspired by the poet's words came to the stages of Hylton Performing Arts Center in Manassas, Virginia in 2014.

Gainesville Ballet was recognized by the Prince William County Arts Council as Outstanding Arts Organization during the 2012 Seefeldt Awards for Arts Excellence. With the founding of Gainesville Ballet in 2005, the upcoming 2014-15 season marks the 10th anniversary of the arts institution in Northern Virginia. The professional ballet company was officially formed in April of 2013. Seven professional dancers along with local youth will form the core upon which the new season is built with three mainstage productions, multiple outreach performances, adaptive dance programs, in-house demonstrations, and possible collaborations with other choreographers and live musicians.



Gainesville Ballet at the Hylton Performing Arts Center

A traditional Nutcracker story – November 2013



*Snowflakes, Act I:
Jessica Shalvey*



*Marzipan, Act II:
Abigail Mumma*

Important Numbers

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Lake Manassas Connection

Publication Dates & Info

Advertising, Photo & Article Deadlines are as follows:

Winter Issue - Deadline: December 1

Spring Issue - Deadline: March 1

Summer Issue - Deadline: June 1

Fall Issue - Deadline: September 1

For information call Imagery at 703.723.3400
or email: imageryads@aol.com

Do you have any ideas for this publication? Photos or a story to share ... **This is YOUR COMMUNITY PUBLICATION and we welcome your input.** Write to us at newsletter@lakemanassasroa.com

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COMMUNITY CALENDARS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JULY		1	2	3 7pm Communications	4 	5
6	7	8	9	10	10	12 10am Environmental Committee
13	14 5pm Modifications & Construction	15	16 7pm Safety	17	18	19
20	21 7pm Covenants	22	23	24	25	26
27	28	29	30 7:00 pm Budget & Finance	31		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AUGUST					1	2
3	4	5	6	7 7pm Communications	8	9
10	11 5pm Modifications & Construction	12 7pm Swim & Tennis Center	13	14	15	16
17	18 7pm Covenants	19	20	21	22	23
24 31	25	26	27	28 7:00 pm Budget & Finance	29	30

SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4 7pm Communications	5	6
7	8 5pm Modifications & Construction	9	10	11	12	13 10am Environmental Committee
14	15 7pm Covenants	16	17	18	19	20
21	22	23	24	25 7:00 pm Budget & Finance	26	27
28	29	30	TBD 6pm LMROA Board Meeting	TBD 6pm LMROA Annual Meeting		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 7pm Communications	3	4
5	6	7	8	9	10	11
12	13 5pm Modifications & Construction	14 7pm Swim & Tennis Center	15	16	17	18
19	20 7pm Covenants	21	22	23 7:00 pm Budget & Finance	24	25
26	27	28	29	30	31	

Community Committee Meeting Information

All committee meetings are held at the onsite management office. Board meetings are held at the Stonewall Golf Club.

Budget and Finance:

Meetings are held on the fourth Thursday of every other month at 7 p.m.

Communications Committee:

Meetings are held on the first Thursday of every month at 7 p.m.

Community Safety/Visitor Access Committee:

Tentatively, meetings will be held on the third Wednesday, every other month at 7 p.m. Please check www.lakemanassasroa.com for meeting dates.

Covenants Committee:

Meetings are held on the third Monday of every month at 7 p.m.

Environmental Committee:

Quarterly Saturday meetings are held quarterly at 10 a.m. Please check www.lakemanassasroa.com for meeting dates.

Modifications Committee:

Meetings are held on the second Monday of every month at 5 p.m.

Safety Committee

Meetings are held as needed at 7 p.m.

Swim and Tennis Center:

Meetings are held very other month on the second Tuesday of the month at 7 p.m.

Please watch the website calendar and the bulletin boards at the entrance gates for the latest information.

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2014 Pool Hours

SWIM AND TENNIS CENTER

Beginning June 20th the pool is open daily from 11 a.m. until 8 p.m.
(9 p.m. Friday and Saturday evenings through July)

Pool closes for the season on Monday, September 1 at 8 pm

If you are interested in organizing or planning events related to activities at the Swim and Tennis Center, or would like to volunteer to be a member of our Committee, we would love to hear from you. Please contact the onsite manager, Michelle Wingo at mwingo@cmc-management.com to express your interest.

2014 POOL REGISTRATION

All residents who wish to use the pool must register. Pool passes will be available for pickup at the onsite management office between the hours of 10 a.m. and 12:30 p.m., Monday through Friday. If you previously registered and already have electronic key entry cards for the pool, there is no need to re-register this year.

Two electronic entry key cards will be issued to each home at no charge; a key card is required to enter through the pool gate. If you arrive at the pool and have forgotten your card, please see the community manager, Michelle Wingo, for assistance. If you require additional cards, or if you have lost your card, the cost is \$50 per card. Note that for delinquent accounts, pool passes will not be issued. If you are a tenant, a pool pass will not be issued to you unless a copy of your lease is provided to the management office.