

After leaving Entebbe, we toured several national parks to view wildlife on our way to the gorillas' habitat, an area which borders Uganda, Rwanda and Congo. We traveled to the Bwindi Impenetrable Forest in western Uganda to try our luck at finding these rare, gentle giants. We settled into our lodge and enjoyed a view that faced the misty, mysterious, mountainous forest.

We left the lodge early the next morning and arrived at the park headquarters a couple of minutes later to receive briefings on how we should conduct ourselves in the presence of the gorillas. The gorillas are habituated, which means they are used to seeing people visiting them, but everyone must be mindful of the well-being of the gorillas and the safety of the tourists. Later, we headed out with a group of 8 other trekkers, guide, guards, and porters. We climbed and climbed a rutted dirt road, stopping briefly to catch our breath and sip a little water. When we got to the top of the road, we hiked some more on a narrow path at the perimeters of banana and coffee plantations. Finally, we entered the forest. The path seemed reasonable at first, but then we started a steep descent all the way to a rushing stream, which we forded by stepping on downed slippery tree limbs. I knew that this descent could only mean one thing. We would have to ascend again to reach the gorillas.

We finally found our (gorilla) family after more than 4 hours of difficult trekking. Imagine sitting in the middle of the forest and all around you are gorillas in the treetops! As they disturb the high foliage to eat the leaves and fruits, it feels like it's raining, since all the debris from the trees is actually raining down around you. We spotted the patriarch, a huge silverback, at the top of a tree near where we were sitting. He was massive! Eventually, he and the others came down from the trees and ate some leaves from shrubs on the forest floor. They were a very active group, munching and moving through the forest. We tried to keep up with them, but our clumsy movements were no match for their agile ones as they ran away from us. As if to say, "leave us alone", the silverback threw down some small trees in our path to make our way more difficult. But at no time did we ever feel threatened or in any danger.

We rounded out our visit to Uganda with a visit to Queen Elizabeth National Park to see the famous tree climbing lions. We'd seen lions in Botswana on other safaris, but none that climbed trees. They looked so comfortable lounging in the trees, sleeping. We also had another trek to look for wild chimps in the Kibale National Forest. Thankfully the chimp trek was shorter than the gorilla hike and not as exhausting.

I could go on about our fascinating experiences in Madagascar and Uganda, like the porn movie being made in the hotel room next door to us in Isalo National Park (Madagascar) or the lion footprints outside our hotel room on the Kazinga Channel (Uganda), but space doesn't permit. There is more detail in our blog [www.Renee-dave.Blog.spot.com](http://www.Renee-dave.Blog.spot.com) and photos of all of our adventures on our website, [www.renee-capouya.zenfolio.com](http://www.renee-capouya.zenfolio.com).

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# Resident Spotlight

## Lily Metrinko



Gainesville has its own ballet school, situated amidst the construction at Linton Hall Road and Lee Highway. Lily Metrinko, pictured here with the Gainesville Ballet School's director Maria-Monica Koo, is nearing the end of her first year of instruction. Her parents are Peter Metrinko and Laura Miller of Lake Manassas. "What we like about the school is not only the professionalism, but also that the lessons are structured so that the children can show what they've learned in a real ballet," said Laura. So far Lily has danced in the 2011 Nutcracker, and the June 2012 production of the classic Coppelia. Older girls, of middle school and high

school ages, dance the main roles. Her father said he was very entertained by the school's Nutcracker, and liked it as much as the wholly professional versions he has seen. Ms. Koo, who is separately pictured in one of her dancing roles, danced professionally with the Colorado and Buffalo NY ballets, among others, and has taught at the Washington School of Ballet. Coppelia was held at the Patriot HS auditorium, and included about 100 youngsters in the production.

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# Community Activities & Events

## Tennis

Contact: Grete Bravo at Cell 703.395.8508 or [gstrombravo@gmail.com](mailto:gstrombravo@gmail.com)

Tennis activities will start the week of April 16  
Round Robin doubles (mixed or regular):  
Friday 6-8 pm  
Kids match play: Saturday 3-5 pm

### Tennis classes:

Kids beginners: Monday and/or Wednesday 4:30-5:30pm.  
Kids intermediate: Monday and/or Wednesday 5.30-6.30pm.  
Adult beginners: Monday and/or Wednesday 9.30-10.30am  
Adult intermediate: Monday and/or Wednesday 10.30-11.30am  
Cardio tennis and clinics for advanced levels to be determined.

Fees for kid's classes: \$60 for a 5 week session based on once a week. \$100 for a 5 week session based on twice a week.

Fees for adult's classes: \$70 for a 5 week session based on once a week. \$120 for a 5 week session based on twice a week. There are no fees for the Round Robin Doubles and kids match play.

Location: Lake Manassas Tennis Courts  
Please call or email Grete Bravo to sign up and/or inquire about tennis classes and activities.

## Swim Teams

Contact: Estelle Baird at 703.753.5590 or [estellebaird@hotmail.com](mailto:estellebaird@hotmail.com)

Membership Fees or Dues: Please call or email Estelle Baird

The schedule for the 2012 Swim Season is as follows:

- July 14 Veterans Park (Away)
- July 21 Stonewall (Away)
- July 28 Purple Divisional at Southbridge

There will be three home meets this summer. Please note that there will be no open swim until 1:00 pm on the day of a home meet.

## Mah Jongg

Contact: Suzanne at 703.727.5775 or [swbrooks@comast.net](mailto:swbrooks@comast.net)  
Time and Date: 10:30am - 12:30pm on Thursdays

Location: Rotated among players homes voluntarily in Lake Manassas and other communities. Note: The hostess provides bottled water for the players.

Mah Jongg, which originated in China, is played by four players using a set of 136 tiles based on Chinese characters and symbols. Each player begins by receiving thirteen tiles. In turn players draw and discard tiles until they complete a legal hand. It is a game of skill, strategy and calculation and involves a certain degree of chance. We play according to the National Mah Jongg League rules.

## Hand & Foot Card Game

Contact: Suzanne at 703.727.5775 or [swbrooks@comast.net](mailto:swbrooks@comast.net)  
Time and Date: TBD - call Suzanne

Location: Rotated among players homes voluntarily. Note: The hostess provides bottled water for the players.

Hand and Foot is similar to the Canasta card game. It is a card game of the rummy family of games believed to be a variant of a card game called 500 Rum. It can be played by 2, 3, 5 or 6 players, or played by four in two partnerships. Players attempt to make melds of 7 cards of the same rank. When they play all the cards in their hand, they continue on to play all the cards in their foot and then be the first to "go out," which ends the game. The highest score after four plays wins the game.

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# COMMUNITY CALENDAR

JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4 	5 7pm Communications	6	7 Swim Meet Urbanna (Home)
8	9 *5pm Modifications & Construction	10	11	12	13	14Swim Meet Veterans Park (Away) * 10am Environmental Committee
15	*7pm Covenants	17	18 7pm Community Safety/Visitor Access Committee	19 7pm Budget & Finance	20	21 Swim Meet Stonewall (Away)
22	23	24	25	26	27	28 Swim Meet Purple Divisional at Southbridge
29	30	31				

AUGUST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 7pm Communications	3	4
5	6	7	8	9	10	11
12	13 *5pm Modifications & Construction	14 *7pm Swim & Tennis Committee	15	16	17	18
19	20 *7pm Covenants	21	22	23	24	25
26		28	29	30	31	

SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 	4	5	6 7pm Communications	7	8
9 Grandparents Day	10 *5pm Modifications & Construction	11	12	13 7pm Budget & Finance	14	15
16	17 *7pm Covenants	18	19 7pm Community Safety/Visitor Access Committee	20 5:30pm Board mtg Open session 6:30pm Stonewall Clubhouse	21	22 
23	24	25	26	27  7:00pm LMROA Annual Mtg - Stonewall Clubhouse	28	29
30						

# COMMUNITY CALENDAR

OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4 7pm Communications	5	6 * 10am Environmental Committee
7	8 *5pm Modifications & Construction Columbus Day (observed)	9 *7pm Swim & Tennis Committee	10	11	12	13
14	15	16	17	18	19	20
21	22 *7pm Covenants	23	24	25	26	27
28	29	30	31  Halloween			

## Community Management & Committee Meetings

All meetings will be held at the on-site management conference room.

### Budget & Finance:

Meetings are typically held on the **fourth** Thursday of every other month at 7pm. However, these dates may shift based on availability of committee members so please watch the website calendar and the bulletin boards at the entrance gates for the latest information. The next meetings are currently scheduled for July 19 and September 13.

### Communications:

Meetings are held on the first Thursday of every month at 7pm. The dates will be July 5, August 2, September 6 and October 4.

### Community Safety/Visitor Access:

Tentatively, meetings will be held on the third Wednesday, every other month at 7pm. The dates will be July 18 and September 19.

### Covenants:

Meetings are held on the third Monday of every month at 7pm. The dates will be July 16, August 20, September 17 and October 15.

### Environmental:

Meetings are held on the first or second Saturdays depending on holidays. The dates will be July 14 and October 6.

### Modifications & Construction:

Meetings are held on the second Monday of every month at 5pm. The dates will be July 9, August 13, September 10 and October 8.

### New Development:

Meeting will be on an "as needed" basis. Please watch the web site calendar and the bulletin board at the entrance gates for the latest information.

### Swim & Tennis Center:

Meetings are held on the second Tuesday, every other month at 7pm. The dates will be August 14 and October 9.

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# Lake Manassas Connection

Advertising, Photo & Article Deadlines are as follows:

January Issue (Delivers January 15)  
**Deadline: December 15**

April Issue (Delivers April 15)  
**Deadline: March 15**

July Issue (Delivers July 15)  
**Deadline: June 15**

October Issue (Delivers October 15)  
**Deadline: September 15**

For information call *Imagery* at 703.723.3400  
or email: [imageryads@aol.com](mailto:imageryads@aol.com)

Do you have any ideas for this publication? Photos or a story to share ... a submission for our "Places to go/things to do" Resident Recommendations column? **This is YOUR COMMUNITY PUBLICATION and we welcome your input.** Write to us at [newsletter@lakemanassasroa.com](mailto:newsletter@lakemanassasroa.com)

And if you know of anyone who could benefit from **advertising** in this publication - please give them our email address [Imageryads@aol.com](mailto:Imageryads@aol.com). It is advertising that brings this publication to you at no charge. So please consider the advertisers for your business. They support Lake Manassas and we hope you will support them.

**Thank you and enjoy your summer!**

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# Area Activities & Events ...

## Resident Suggestions ....



The following suggestions are from your neighbors. They are ideas for things to go when you venture out of the community. Please know that these recommendations are not sponsored by advertising or guaranteed to bring pleasure. But neighbors enjoyed them so much - they felt them worth sharing in this venue.



### Great Meadow Polo is the center of polo in the Washington region.

The polo club is based on the grounds of Great Meadow, which is also home to the Virginia Gold Cup.

The polo operation started in 1993 with construction of a top-flight polo arena. Arena polo is played in an open-air enclosure, instead of a larger grass field. It is played with a miniature soccer ball with three players per team. Arena polo is the intercollegiate form of the game and is more affordable, easy to learn and fun to watch for spectators.

As polo became more accessible to players and fans in the Virginia hunt country the sport grew popular throughout the region. Played in a well-lit stadium on Saturday nights, Great Meadow Polo has become a major summer venue for charity causes, tailgate parties and family fun.

In 2001, local contributions to the club made it possible to build a world-class polo field next to the arena. Grass polo is the traditional form of the game and is played with a smaller hard ball and four players per team. Much like the Gold Cup races, the polo field is an ideal setting for corporate entertainment and major charity events.

As a charitable organization, polo event sponsorships are tax deductible. Proceeds go to preservation of open space in the Virginia Piedmont, supporting dozens of affordable community events such as youth sports, family activities and education.

Great Meadow Polo is an "open membership" organization run by polo professionals and overseen by a Board of Directors. The structure was established to maintain credibility with a broad range of civic interests. The club maintains the highest standard of horsemanship and well-managed events.

### Tarara Winery

13648 Tarara Lane  
Leesburg, VA  
703.771.7100



### SUMMER CONCERT SCHEDULE

- Jul 14 Donegals Express Traditional Irish melodies meet American Rock & Roll
- Jul 21 Hollywood Nights Ultimate tribute to Bob Seger And The Silver Bullet Band
- Jul 28 MELODIME Piano-driven roots rock
- Aug 4 Honor By August Original modern pop rock
- Aug 11 Natalie Stovall Country and more...as you've never seen it before
- Aug 18 Shane Gamble Original music then "Into the Great Wide Open" a Tom Petty experience
- Aug 25 Justin Trawick Band with opening set by Shane Hines DC's finest singer/songwriters
- Sep 1 Kelly Bell A night of Blues
- Sep 8 Gonzo's Nose Party band performing covers from the 80's and 90's
- Sep 15 2U The world's 2nd best U2 band
- Sep 22 Moondog Medicine Show with Karl Stoll & the Danger Zone Hard driving blues/funk
- Sep 29 The Reflex Ultimate 80's tribute band

## 2012 Schedule:

Gates open at 6:30pm and the first game starts at 7pm. \$30 per car load

**July 7**  
Jamaican Me Crazy

**August 4**  
International Night, A Taste of the World

**September 3**  
Scottish Games Night

**July 14**  
Girls Night Out

**August 11**  
Hunter/Jumper Night

**September 8**  
Closing Night - Pirate Night!

**July 21**  
Christmas in July

**August 18**  
Margarita Night

**July 28**  
Olympic Night

**August 25**  
Birthday Party Night

**Twilight Polo** - Please note that inclement weather decisions are made at 4pm, please check the "weather update" on the top of this site.

Spectators may purchase food on site or bring their own picnic. The atmosphere is casual and family friendly. No dogs.

Please contact Great Meadow Foundation 540.253.5000 or email [info@greatmeadow.org](mailto:info@greatmeadow.org) for following:

- \* VIP space & Box reservations.
- \* Corporate Sponsorships
- \* Product placement



### Wolf Trap

8601 Wolftrap Rd, Vienna, VA  
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### SUMMER CONCERT SCHEDULE

- July 20 Johnny Mathis
- August 1 George Thorogood & The Destroyers
- August 2 The Temptations & The Four Tops
- August 4 West Side Story
- August 10 & 11 Steve Miller Band
- August 12 ABBA - The Concert
- August 16 & 17 Barry Manilow
- August 23 Frankie Valli & The Four Seasons
- September 1 & 2 Rodgers & Hammerstein The Kind and I
- September 9 Rock of Ages

# More Area Activities & Events ...

## Fauquier Community Theatre

"White Building"  
4260 Sigler Road, Vint Hill Farms, VA  
813.484.6171  
[www.fctstage.org/current-season/](http://www.fctstage.org/current-season/)

July 16 through 27, 10:00am - 2:30pm

### Summer Musical Drama Camp

Annie, Jr. Musical Drama Camp Performance  
7:00p.m. on **Friday July 27** Camp will be at FCT  
(4225 Aiken Drive, Warrenton – located in Vint Hill)

Oct. 5, 6, 7, 12, 13, 14, 19, 20, 21

Performances: Fridays & Saturdays 8:00p.m.;  
Sundays 2:00p.m. Title unreleased due to Royalty  
Rights (Musical) Family Friendly. Title will be  
released at the end of July 2012.....Check the  
web site

### Sunday, Oct. 14th is Dinner and a Show!

Purchase your combined ticket to watch the show,  
then eat dinner across the street at THE INN AT  
VINT HILL immediately following the perfor-  
mance!

## The Harris Pavilion

9201 Center Street, Manassas VA  
[www.harris pavilion.com/index.php](http://www.harris pavilion.com/index.php)

### Sunday Ice Cream Socials - 3:00-4:30pm

Beginning July 15, Sol Jazz, Bull Run Blue Grass,  
St. Thomcats. August, Jason Curtis, Nitehawks,  
Fairwinds Quintet, Manassas Symphony Orchestra

### Saturdays Adult Evening Dances -

8:00 - 11:00pm Beginning July 16, Type A Band,  
Beatlemania Again, B2B (Buffett Tribute). August,  
6:30 - 8:00 p.m. Center for the Arts Concert, The  
BelAirs

July 17, 11:00am - 6:30pm  
Annual Wine & Jazz Festival

July 20, 8:30 - 10:00pm  
Family Friday Night Movie - Cars 2

July 30, 6:30 - 8:00pm  
Center for the Arts Concert

August 25 - 26  
150 Sesquicentennial Events  
[www.manassascivilwar.org](http://www.manassascivilwar.org)

## The Hylton Performing Arts Center

[www.hyltoncenter.org/calendar/list/2012/5/](http://www.hyltoncenter.org/calendar/list/2012/5/)

### Merchant Hall

August 18, 8:00pm A Tribute to Western  
Music with Del Shields  
& Manassas Pops  
Orchestra  
September 17, 8:00pm The Flying Karamazov  
Brothers  
September 22, 8:00pm The Capitol Steps

September 30, 7:00pm Ballet Folklórico de  
México

October 1, 4:00pm Knuffle bunny: A  
Cautionary Musical

October 7, 4:00pm Royal Drummers and Dancers of Burundi

October 13, 8:00pm American Festival Pops Orchestra: Pop,  
Rock, Country, Jazz!

## Gregory Family Theater

July 15, 11:00am & 1pm Follow That Fiddle

Jiffy Lube Live, 7800 Cellar Door Dr., Brentsville, VA, 20136

[www.events.insidenova.com/brentsville\\_va/venues/show/11449-jiffy-lube-live](http://www.events.insidenova.com/brentsville_va/venues/show/11449-jiffy-lube-live)

July 20, 7:00pm Motley Crue

July 22, 7:30pm Sugarland

July 27, 2:00pm Identity Festival 2012: Eric Prydz, Wolfgang

Gartner, Excision Madeon, Showtek

July 28, 8:00pm Unity Tour

July 29, 1 & 8pm Rockstar Energy Drink Mayhem Festival 2012

August 11, 8:00pm Honda Civic Tour Presents: Linkin Park and Mutemath

August 19, 7:30pm Big Time Rush

August 23, 7:00pm Kelly Clarkson and The Fray

August 25, 7:00pm Brad Paisley with The Band Perry

September 1, 8:00pm Jimmy Buffett

September 2, 1:00pm Rockstar Energy Drink Uproar Festival with

September 8, 7:00pm Shinedown, Godsmack, Papa Roach and more

September 9, 7:30pm Jason Aldean with Luke Bryan

## Evening Under the Stars

### September 8, 2012 (Saturday)

The annual black tie optional swing dance is held in Old Town Manassas at the  
Harris Pavilion in Old Town Manassas. Music, dancing, entertainment, a taste of the  
town, live auction. There will be a fund raiser for Prince William CASA which has  
served nearly 400 abused, neglected and abandoned children this past.

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# More Area Activities & Events ...



## Local Farmer's Markets:

**Gainesville** (703.754.7711)  
Thursday from 2 PM to 6 PM at the Marque at Heritage Hunt,  
13550 Heathcote Blvd - May through September

**Manassas** (703.361.6599)  
Thursday from 7 AM to 1 PM in at 9201 Center Street at Harris  
Pavilion in Old Town Manassas. Also Saturday in Visitor's  
parking lot on West Street, 7 AM to 2:30 PM - April to November

**Haymarket** (703.753.2600)  
Saturdays from 8 AM to 2 PM at Town Hall Bld parking lot,  
1500 Washington Street - May through October.

**Nokesville** (703.764.7057)  
Saturdays from 9 AM to 1 PM at 13005 Fitzwater Drive and  
Route 28 - May through September.



## Winery:

Paradise Springs Winery.  
Friday evenings in Paradise featuring  
Live music on the covered back  
Patio. 5 to 9 PM - See website,  
www.paradisspringswinery.com for other events.  
13219 Yates Ford Road, Clifton, VA 703.830.9463.

## Outdoor Concerts:

**Culpeper, VA** - Downtown 3<sup>rd</sup> Thursday Summer concert  
Series at the Depot - 5pm to 9pm Bring your own chair.  
July 19<sup>th</sup> The Fabulous Hubcaps  
August 16<sup>th</sup> The Holiday Band

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# Resident Important Numbers

## LAKE MANASSAS COMMUNITY

On-site management office	703.753.7745
CMC Corporate / Emergencies	703.631.7200
Gatehouses Baltrusol gatehouse	703.754.9465
Stonewall gatehouse	703.754.9951
Stonewall Golf Club Pro Shop	703.753.5101
Brass Cannon Restaurant	703.753.6140
Cable (Comcast) 24-Hour Repair	703.670.3500
Electric NOVEC (Cooperative)	888.335.0500
Gas Columbia of Virginia	800.543.8911
24-Hour Emergency	800.544.5606
Main Street Mailboxes	703.753.5521
Mental Health Emergency Services	703.792.7800
Trash (American Disposal)	703.368.0500
Water/Sewer (PW County)	703.335.7900

## EMERGENCIES

Fire or Police	911
VA State Police (Emergency Only)	800.572.2260
Prince Wm District Police	703.792.6500
Fire Dept - Gainesville Volunteer	703.754.1112
Hospital - Prince William Hospital	703.369.8000
Emergency Room	703.369.8337
POISON Control Center	202.625.3333

## PRINCE WILLIAM COUNTY

Area Agency on Aging	703.792.6400
Alcohol & Drug Abuse	
Emergency Services Program	703.792.7800
Animal Control -Shelter/Dog Tags	703.792.6465
Evenings/Weekends	703.792.6500
Assessments Property / Tax Pymts	703.792.6710
Real Estate Assessments	703.792.6780
Child Abuse Child Abuse & Neglect	703.792.7500
after 5 p.m. & on Weekends	703.792.6500
County Govt Information	703.792.4660
Substance Abuse	703.792.7800
Election & Voter Information	703.792.6470
Park Authority	703.792.7275
Recycling	703.792.4670
Library Administration	703.792.6100
Licenses / Auto/Business	703.792.6710
Miss Utility	800.552.7001
Sanitation - Sewer	703.335.7900
Schools Prince William Public	703.791.7200
Sheriff Non-Emergency & Info	703.792.6070
Social Services	703.792.7500
Tourism & Visitors Bureau	703.396.7130
Transportation Department	703.792.6825
Metro Customer Info	202.637.7000
OmniRide commuter bus/ride	703.730.6664
Virginia Railway Express (VRE)	703.684.1001
Virginia Dept of Transportation	703.366.1900
Verizon	800.483.1000



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